



# CIGNA STUDYWELL

## Summary of Benefits for St John's College

Policy No.: 09717A

Cigna Global Health Benefits®





Insured and/or administered by:  
Cigna Global Insurance Company Limited

**St John's College**  
Benefits at a Glance  
Global Plan for all covered Employees.  
Policy # 09717A  
Plan Start Date August 1, 2023

**This plan provides minimum essential coverage.**

NOTE: This information is a general description of benefits and is not a contract. Refer to your certificate booklet for complete details of coverage and exclusions. If there is any difference between this summary and the certificate, the information in the certificate will apply. Please note that your plan does not cover expenses for services which are not medically necessary.

Cigna Global Customer Service		
<b>Toll Free Telephone Number:</b>	1.800.441.2668	
<b>Direct Telephone:</b>	1.302.797.3100 (collect calls accepted)	
<b>Toll Free Fax Number:</b>	1.800.243.6998	
<b>Direct Fax Number:</b>	001.302.797.3150	
<b>Secure Website:</b>	<a href="http://www.CignaEnvoy.com">www.CignaEnvoy.com</a> . Registration is Required (See member kit for registration information.) Secure email available at this site.	
<b>Mail Delivery:</b>	Cigna Global Health Benefits P.O. Box 15050 Wilmington DE 19850-5050 U.S.A.	Cigna Global Health Benefits 300 Bellevue Parkway Wilmington DE 19809 U.S.A.

**General Plan Provisions - All Amounts in U.S. Dollars**

Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Area of Cover</b>	Worldwide		
<b>U.S. Medical Network</b>	OAP		
<b>Eligibility</b>	Refer to eligibility definition in the certificate		
<b>Lifetime Maximum</b>	\$250,000		
<b>Calendar Year Deductible</b>			
· Per Individual	\$0	\$0	\$0
· Per Family	\$0	\$0	\$0
<b>Coinsurance</b> (The percentage of covered expenses the plan pays)	100%	100%	80%
<b>Out-of-Pocket Maximum</b>			
· Per Individual	\$0	\$2,500	\$2,500
· Per Family	\$0	\$5,000	\$5,000

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Publication Date April 17, 2023:04:01 GMT PIF-000086587 Page 1



Global Medical Plan	
<b>Deductible Calculation</b>	Claims for a family member are covered at plan coinsurance: <ul style="list-style-type: none"> <li>• When that family member satisfies the Individual Deductible</li> <li>-OR-</li> <li>• When the Family Deductible is satisfied regardless of whether or not the Individual Deductible is satisfied.</li> </ul>
<b>Out-of-Pocket Calculation</b>	Claims for a family member are covered at 100% coinsurance: <ul style="list-style-type: none"> <li>• When that family member satisfies the Individual Out-of-Pocket Maximum</li> <li>-OR-</li> <li>• When the Family Out-of-Pocket Maximum is satisfied regardless of whether or not the Individual Out-of-Pocket Maximum is satisfied.</li> </ul> Out-of-Pocket will: Exclude deductible payments; Include copay payments; Include pharmacy copays; Include pharmacy coinsurance payments; Exclude Pre-Admission Certification/Continued Stay Review penalties.
<b>Network Accumulation</b>	Plan Deductible, Out-of-Pocket, maximums and service specific maximums (dollar and occurrence) will cross-accumulate across international and domestic networks.
Certification Requirements - For services rendered inside the United States	
Precertification for inpatient and outpatient services received in the U.S. may be required. <ul style="list-style-type: none"> <li>• Providers must call our toll-free number, 1.800.441.2668 to pre-certify services.</li> <li>• You or your dependents are responsible for ensuring that Out-of-Network providers pre-certify services.</li> <li>• Failure to obtain precertification may affect Out-of-Pocket costs.</li> <li>• This is a summary only and further details can be found in the certificate booklet.</li> </ul>	



	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Physician's Services</b>			
· Physician's Office Visit	100%	\$25 copay, then 100%	80%
· Surgery Performed In the Physician's Office	100%	\$25 copay, then 100%	80%
<b>Preventive Care</b>			
· Routine Preventive Care - Adult	100%	100%	100%
· Immunizations - Adult	100%	100%	100%
· Routine Preventive Care - Child	100%	100%	100%
· Immunizations - Child	100%	100%	100%
<b>Travel Immunizations</b> (Immunizations as required for travel)	100%	100%	100%
<b>Mammograms, PSA, PAP Smear and Colorectal Cancer Screenings</b>	100%	100%	100%
<b>Inpatient Hospital</b>			
· Inpatient Hospital - Facility Services	100%	\$200 copay, then 100%	80%
· Inpatient Hospital Physician Visits/Consultations	100%	100%	80%
· Inpatient Professional Services (Surgeon, Radiologist, Pathologist, Anesthesiologist)	100%	100%	80%
<b>Outpatient Services</b>			
· Outpatient Facility Services	100%	100%	80%
· Outpatient Professional Services	100%	100%	80%
<b>Emergency Room</b>	100%	\$200 per visit copay, then 100%	\$200 per visit copay, then 100%
<b>Urgent Care Services</b>	100%	\$35 copay, then 100%	80%
<b>Ambulance</b>	100%	100%	100%



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Laboratory Services</b>			
· Physician Office Visit	100%	100%	80%
· Outpatient Facility	100%	100%	80%
· Laboratory Services at an Independent Lab facility	100%	100%	80%
<b>Radiology Services</b>			
· Physician Office Visit	100%	100%	80%
· Outpatient Facility	100%	100%	80%
<b>Advanced Radiology</b> (i.e., MRIs, MRAs, CAT Scans, PET Scans)			
· Physician Office Visit	100%	100%	80%
· Inpatient Facility	100%	\$200 copay, then 100%	80%
· Outpatient Facility	100%	100%	80%
<b>Short-Term Rehabilitation</b>			
· Physician Office Visit	100%	20	20
· Outpatient Hospital Facility	100%	20	20
Calendar Year Maximum:	20 Days for all Therapies Combined		
<p>The limit is not applicable to Mental Health and Substance Use Disorder conditions.  <b>Note:</b> The Short-Term Rehabilitation Therapy maximum does not apply to the treatment of Autism  <i>Includes:</i> Cardiac and Pulmonary Rehab, Speech, Occupational and Cognitive Therapy</p>			



Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Chiropractic Care</b> Calendar Year Maximum: Unlimited	100%	100%	80%
<b>Maternity Care Services</b>			
· Initial Visit to Confirm Pregnancy	100%	\$25 copay, then 100%	80%
· All subsequent Prenatal Visits, Postnatal Visits and Physician's Delivery Charges (i.e. global maternity fee)	100%	100%	80%
· Physician's Office Visits in addition to the global maternity fee when performed by an OB/GYN or Specialist	100%	\$25 copay, then 100%	80%
· Delivery – Facility			
· Inpatient Hospital	100%	\$200 copay, then 100%	80%
· Birthing Center	100%	\$200 copay, then 100%	80%

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Global Medical Plan			
	International (Outside of the U.S.)	U.S. In-Network	U.S. Out-of-Network
<b>Infertility Services</b> · Physician Office Visit and Counseling · Lab and Radiology Tests · Inpatient Facility · Outpatient Facility	Diagnosis of Infertility is covered under general Physician Office Visits. Coverage will be provided for the following services:		
	Not Covered	Not Covered	Not Covered
	Not Covered	Not Covered	Not Covered
	Not Covered	Not Covered	Not Covered
	Not Covered	Not Covered	Not Covered
<b>Hearing Exam</b> · 1 Exam Every 24 Months	100%	100%	80%
<b>Hearing Device / Aids</b> · Hearing aids will be covered for dependent children up to age twenty-four (24). · The maximum benefit will be \$1,000 per hearing aid unit necessary for each ear, every three years.	100%	100%	80%
<b>Mental Health</b> · Physician Office Visit · Inpatient Facility · Outpatient Facility	100%	\$25 copay, then 100%	80%
	100%	\$200 copay	80%
	100%	100%	80%
<b>Substance Use Disorder</b> · Physician Office Visit · Inpatient Facility · Outpatient Facility	100%	\$25 copay, then 100%	80%
	100%	\$200 copay, then 100%	80%
	100%	100%	80%



<b>Prescription Drug Benefits</b>		
<b>International (Outside of the U.S.)</b>		
<b>Purchased outside the United States</b>	No Charge	
Certain emergency care medications covered under this plan and required as part of emergency care services (detailed information is available at <a href="http://www.healthcare.gov">www.healthcare.gov</a> ) are payable at 100% with no copayment or deductible, when purchased from a Network Pharmacy. A written prescription is required.		
<b>Purchased Inside the United States Only</b>		
<b>Benefit Highlights</b>	<b>Network Pharmacy (U.S. In-Network)</b>	<b>Non-Network Pharmacy (U.S. Out-of-Network)</b>
<b>Prescription Drug Products at Retail Pharmacies</b>	<b>The amount you pay for up to a consecutive 30-day supply</b>	
<b>Tier 1 - Generic Drugs on the Prescription Drug List</b>	No Charge	No Charge
<b>Tier 2 – Brand Drugs designated as preferred on the Prescription Drug List</b>	No charge	No Charge
<b>Tier 3 – Brand Drugs designated as non-preferred on the Prescription Drug List</b>	No charge	No Charge
<b>Prescription Drug Products at Home Delivery Pharmacies</b>	<b>The amount you pay for up to a consecutive 90-day supply</b>	
<b>Tier 1 - Generic Drugs on the Prescription Drug List</b>	No Charge	In-Network coverage only
<b>Tier 2 – Brand Drugs designated as preferred on the Prescription Drug List</b>	No charge	In-Network coverage only
<b>Tier 3 – Brand Drugs designated as non-preferred on the Prescription Drug List</b>	No charge	In-Network coverage only





Pharmacy Plan Features for Prescriptions Drugs Purchased Inside the United States Only	
<b>Prescription Drug List</b>	Legacy 3-Tier
<b>Dispense As Written</b>	If you request to fill a brand name drug that has a generic equivalent available, you will be financially responsible for the difference in cost between the brand name and the generic drug, plus any required brand name drug copayment and/or coinsurance, if applicable. However, if your doctor has determined a generic drug is not an acceptable alternative for you, you will only be responsible for payment of the appropriate brand name drug copayment and/or coinsurance, if applicable
<b>Utilization Management</b>	Your plan features drug management programs and edits to ensure safe prescribing, and access to medications proven to be the most reliable and cost effective for your medical condition
<b>Step Therapy</b>	Certain drugs are subject to step therapy requirements. To identify whether a particular drug is subject to step therapy, please refer to your prescription drug list.
<b>Prior Authorization</b>	Coverage for certain drugs require your Physician to obtain prior authorization from Cigna. To identify whether a particular drug requires prior authorization, please refer to your prescription drug list.
<b>Quantity Limits</b>	Includes maximum daily dose edits, quantity over time edits, duration of therapy edits, and dose optimization edits
To see if your medication is covered, you can view Cigna's Prescription Drug List by going to <a href="http://www.Cigna.com/druglist">www.Cigna.com/druglist</a> and select "Legacy 3-Tier"	

Global Evacuation Plan	
<b>Toll Free telephone number</b>	1.800.441.2668
<b>Emergency Medical Evacuation</b>	100% of covered expenses for approved services.
<b>Family Travel Arrangements</b>	Roundtrip Airfare at Economy Rates to the place of hospitalization for 1 Family Member for hospitalizations in excess of 7 Days
<b>Return of Dependent Children</b>	One-way Airfare at Economy Rates to return dependent children to country of residence
<b>Repatriation of Mortal Remains</b>	100% coverage

International Employee Assistance Program (IEAP)	
<b>Toll Free:</b>	1.888.851.7032 or 1.877.857.2952
<b>Reverse Charge Number:</b>	+44 208 987 6230
<b>Level 2 International EAP Assist</b>	Direct dial 24/7 immediate access to confidential services for behavioral issues. Services include telephonic triage for emergent and urgent referrals, crises intervention and referrals to community resources. Referrals for 6 face-to-face sessions with licensed behavioral professionals (currently available in 160 countries).



## Global Telehealth

<b>Teladoc Health International</b>	<p>Available 24/7 via the Cigna Wellbeing App, Global Telehealth gives you access to licensed doctors around the world.</p> <ul style="list-style-type: none"> <li>• Video or phone consultations with licensed doctors when medically necessary</li> <li>• Prescriptions for common health concerns when medically necessary and permitted</li> <li>• Treating medical conditions like fever, rash, pain and more</li> <li>• Assistance with preparations for an upcoming consultation</li> <li>• Discussing medication plan and potential side effects</li> <li>• Diagnosing non-emergency health issues ranging from acute conditions to complex chronic conditions</li> </ul>
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## Global Accidental Death & Dismemberment

<b>Member Benefit</b>	A flat benefit amount of \$10,000
<b>Reduction of Benefits</b>	To 65% at age 65 and 50% at age 70; Terminate at Retirement
<b>Scope of Coverage</b>	24 Hour Coverage

# CIGNA STUDYWELL

## How to reach us



### Assistance is available 24 hours a day, 7 days a week

- › Website ..... CignaEnvoy.com
- › Toll-free telephone number ..... +1.800.441.2668
- › Direct (collect calls accepted) ..... +1.302.746.3059
- › Toll-free facsimile number ..... +1.800.243.6998
- › Direct facsimile number ..... +1.302.797.3150
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Cigna Global Health Benefits®



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