Coverage For: Individual and Family | Plan Type: PPO

Capital Blue Cross¹

PPO/RX

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-833-886-8650. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-888-428-2566 to request a copy.

•	or oan 1 000 420 2000	
Important Questions	Answers	Why This Matters:
		Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u>
What is the overall	\$250 per member <u>in-network</u> <u>providers</u> ; \$600	begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own
deductible?	per member <u>out-of-network</u> <u>providers</u>	individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets
		the overall family <u>deductible</u> .
Are there services		This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a
covered before you	Yes. In-network preventive services or	<u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u>
meet your	emergency services.	without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at
deductible?		https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there		
deductibles for	No.	You don't have to meet <u>deductibles</u> for specific services.
specific services?		
What is the out-of-	\$7,500 individual/\$13,700 family in-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other
pocket limit for this	providers; \$15,000 per member out-of-	family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-</u>
plan?	network providers	<u>of-pocket limit</u> has been met.
What is not included	Premiums, balance billing charges, and	
in the <u>out-of-pocket</u>	health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
limit?	Trouble Care time prairies account covers.	
		This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You
Will you pay less if	Yes. For a list of in-network providers, see	will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for
you use a <u>network</u>	capbluecross.com or call 1-800-962-2242.	the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your
provider?		network provider might use an out-of-network provider for some services (such as lab work). Check
D		with your <u>provider</u> before you get services.
Do you need a		
	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .
specialist?		

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limits, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$25 <u>copayment</u> /visit	20% coinsurance	None	
	Specialist visit	\$25 copayment/visit	20% coinsurance	None	
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	20% coinsurance	Not Covered	<u>Deductible</u> does not apply to services at <u>innetwork providers</u> . You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance for Facility Owned Labs, 20% coinsurance for Independent Clinical Labs and 20% coinsurance for tests. 20% coinsurance for outpatient radiology.	40% coinsurance	None	
	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance	*See <u>preauthorization</u> schedule attached to your <u>plan</u> document.	
If you need drugs to treat your illness or condition. More information about prescription drug coverage is available by calling 1-833-886-8650	Generic drugs	\$25 <u>copayment</u> /prescription prefered <u>copayment</u> /prescription preferred <u>copayment</u> /prescription preferred <u>copayment</u> /prescription non-preferred	rred (retail) \$62.50 and \$62.50	Covers up to 31-day supply (retail) 90-day	
	Preferred brand drugs	400		supply (home delivery)	
	Non-preferred brand drugs			ו	
	Specialty drugs	\$25 <u>copayment</u> /prescription prefered <u>copayment</u> /prescription non-preferred non-preferred (brand)	rred (generic) \$60	Prescription written for up to 30 days supply. (generic) (brand)	

^{*}For more information about preauthorization, see the requirements document at https://www.capbluecross.com/preauthorization.

Common		What You Will Pay		Limits, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u> Acute Care Hospital and 20% <u>coinsurance</u> Ambulatory Surgical Center	40% coinsurance	Services at <u>out-of-network</u> ambulatory surgical facilities 40% <u>coinsurance</u> .	
outpatient surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	*See <u>preauthorization</u> schedule attached to your <u>plan</u> document.	
If you need	Emergency room care	\$150 copayment/service	\$150 copayment/service	Deductible does not apply. Copayment waived if admitted inpatient.	
immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	None	
attention	<u>Urgent care</u>	\$50 copayment/service	20% <u>coinsurance</u> after \$50 <u>copayment</u>	<u>Deductible</u> does not apply.	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	*See <u>preauthorization</u> schedule attached to your <u>plan</u> document.	
nospital stay	Physician/surgeon fees	20% coinsurance	40% coinsurance	None	
If you need mental health, behavioral	Outpatient services	\$25 <u>copayment</u> /visit	20% coinsurance	None	
health, or substance abuse services	Inpatient services	20% coinsurance	40% coinsurance	None	
	Office visits	\$25 copayment/visit	40% coinsurance	Depending on the type of services, a	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	copayment, coinsurance, or deductible may	
	Childbirth/delivery facility services	20% coinsurance	40% <u>coinsurance</u>	apply.	
If you need help recovering or have other special health	Home health care	20% coinsurance	40% coinsurance	*See <u>preauthorization</u> schedule attached to your <u>plan</u> document.	
		\$25 copayment/visit	40% coinsurance	12 visit limit per benefit period	
		\$25 <u>copayment</u> /visit	40% coinsurance		
	Skilled nursing care	20% <u>coinsurance</u>	40% coinsurance	None	
		20% coinsurance	40% coinsurance	*See <u>preauthorization</u> schedule attached to your <u>plan</u> document.	
	Hospice services	20% coinsurance	40% coinsurance	None	

^{*}For more information about preauthorization, see the requirements document at https://www.capbluecross.com/preauthorization.

Common		What You Will Pay		Limits, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If your child needs dental or eye care	Children's eye exam	No Charge	Balance of retail charge after \$32 allowance		
	Children's glasses	document for non-standard frame	Balance of retail charge after frames & lens allowance. See plan document.	One exam & one pair of glasses once every 12 months based on last date of service.	
	Children's dental check-up	No Charge	No Charge	Deductible does not apply	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care

- Glasses
- Hearing aids
- Long-term care

- Routine eye care
- Routine foot care (unless medically necessary)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Infertility treatment

- Non-emergency care when traveling outside the U.S.
 - Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies ls: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit pennie.com or call 1-844-844-8040.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or Assistance, contact: Capital Blue Cross at 1-833-886-8650 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform or the Pennsylvania Insurance Department at 1-877-881-6388.

Does this plan provide Minimum Essential Coverage?

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Yes

-----To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts <u>(deductibles, copayments)</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$250
Specialist copayment	\$25
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$ 12,700
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In this example, Peg would pay:

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Cost Sharing				
Deductibles	\$250			
Copayments	\$10			
Coinsurance	\$2,400			
What isn't covered				
Limits or exclusions	\$60			
The total Peg would pay is	\$2,720			

Managing Joe's type 2 Diabetes (a year of routine in-network care of a wellcontrolled condition)

The plan's overall deductible	\$250
Specialist copayment	\$25
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Diagnostic tests (biood w

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$ 5,600

In this example, Joe would pay:

Cost Sharing			
Deductibles	\$250		
Copayments	\$1,600		
Coinsurance	\$50		
What isn't covered			
Limits or exclusions	\$20		
The total Joe would pay is	\$1,920		
·			

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall deductible	\$250
Specialist copayment	\$25
Hospital (facility) coinsurance	20%
Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$ 2,800

In this example, Mia would pay:

in this example, wha would pay.	
Cost Sharing	
Deductibles	\$250
Copayments	\$300
Coinsurance	\$100
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$650

The plan would be responsible for the other costs of these EXAMPLE covered services.

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PO Box 779880, Harrisburg, PA 17177-9880 800.417.7842 (TTY: 711), fax: 855.990.9001

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Language assistance

To talk to an interpreter in your language at no cost, call 800.962.2242 (TTY: 711).

Para hablar con un intérprete de forma gratuita, llame al 800.962.2242 (TTY: 711).

欲免费用本国语言洽询传译员,请拨电话 800.962.2242 (TTY: 711).

Để nói chuyện với thông dịch viên bằng ngôn ngữ của quý vị không phải mất phí, xin gọi 800.962.2242 (TTY: 711).

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Pour parler à un interpréter dans votre langue sans charges, téléphoner à 800.962.2242 (TTY: 711).

Um in Ihrer Sprache gebührenfrei mit einem Dolmetscher zu sprechen, rufen Sie bitte die Nummer 800.962.2242 an (TTY: 711).

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Aby porozmawiac z tlumaczem w jezyku polskim, prosze zadzwonic na numer darmowy telefonu 800.962.2242 (TTY: 711)

Pou pale avèk yon entèprèt nan lang ou grastis, rele nan 800.962.2242 (TTY: 711).

ដើម្បីនិយាយជាមួយអ្នកបកប្រែផ្ទាល់មាត់ជាភាសារបស់អ្នកដោយមិនគិតថ្លៃ សូមហៅទៅកាន់ 800.962.2242 (TTY: 711)

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